

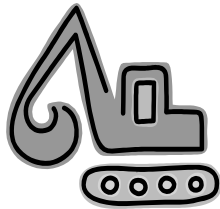
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 Spaxton Community News

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Are You New to Spaxton?

St Margaret's Church has produced a
Welcome Booklet full of useful information
 about the village and the activities
 which go on here.

If you are new or you know of somebody
 who is then please contact Caroline Ham
 (Tel. 671626) for a free copy



The Mill

HEALTH & FITNESS SUITE

THE MILL HEALTH & FITNESS SUITE - now open to people in the local area!

LOCATED AT MILL FARM CARAVAN PARK www.themillfitnesssuite.co.uk / Tel : 01278 734893

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Shape up in one of our many fitness classes, take a dip in the Pool, pump your muscles to the max in our beautifully
 modern gym or simply enjoy a cup of our finest coffee in the Sports Bar. At The Mill there is something for everyone.
 Monthly Tariffs & pay as you go available (see website for more information)

Gym open weekdays: Mon-Friday 7am to 9pm all year AND weekends: Sat & Sun 8am to 6pm (4pm close Nov to Mar)

Coming soon! From Easter 2016: New *free weights room!* *Evening family swims, Aqua Aerobics* for adults & *swimming lessons* for toddlers in our lovely warm pool on midweek mornings. Get your child's name on the list now!

We look forward to welcoming you at The Mill

ZUMBA!

