

## SPAXTON'S DEFIBRILLATOR

The first steps have been made towards getting a defibrillator for Spaxton. This would be close to the hall, stores and the sports fields where it is most likely to be required. Advice has been obtained from the Community Heartbeat Trust, a charity which promotes defibrillators and leads groups through the setting-up process. More information can be found on their website [www.communityheartbeat.org.uk/](http://www.communityheartbeat.org.uk/)



Community Heartbeat summarises the benefits;

*The Government has set a target for ambulance trusts all over the UK to reach 75% of life threatening calls within 8 minutes. Statistics show that early defibrillation can increase the survival chances of a person who has suffered a sudden cardiac arrest by as much as 50%. The Government's 8 minute target is easier to achieve in towns and cities. However the situation is different in rural village locations. In these situations access to emergency defibrillation equipment for use by the public can make the difference between life and death, increasing survival post Cardiac Arrest towards 50%.*

*In the UK approximately 200 people per day suffer sudden cardiac arrest. Statistics show that for every minute that passes, the chances of survival decrease by 23%. Clinical evidence suggests that this figure is actually higher in rural locations.*

The cost will be about £2 500 with annual maintenance about £100. You can contribute online at <https://communityheartbeat.charitycheckout.co.uk/Spaxton>

If you would like to help with this life-saving project please contact Ruth on 671380.



### Spaxton Women's Institute

**The Antiques Road Show** held on 6<sup>th</sup> April at the Village Hall was a very interesting evening, with members taking along items to be valued and, of course to have history explained regarding the item.



**The Annual General Meeting** was held on 4<sup>th</sup> May – the existing committee were re-elected 'en-bloc'. Carol has indicated that she will also help out as required.

As mentioned in the Community News for April/May – we are holding a fund raising 'cream tea' in the Village Hall on **9<sup>th</sup> July** at 2.30pm and everyone is very welcome – please come along.

Our meeting on **1<sup>st</sup> June** at 7.30pm will feature 'Canine Partners'. This will be followed by Helmi (Wilnelmina Helmi Wolff) who now lives in Bridgwater, speaking on 'After the Occupation' – this will be a follow-up to her talk to us on 4<sup>th</sup> March 2015. telling us of the invasion of Holland by the German Army

August is the month for skittles and a date will be published later.- however all members enjoy this evening, especially the buffet supper afterwards.

Phil Jarman will be coming to our meeting on **7<sup>th</sup> September** at 7.30pm to talk about Food Banks – an ever growing need in this day and age.

If you are interested in coming along to any of our meetings you will be very welcome.